



# 2019 ArizOTA Spring Conference

## Saturday, March 23 | Tucson, AZ

Join the Arizona Occupational Therapy Association for our Spring Conference on Saturday, March 23, at the University of Arizona Leon Levy Cancer Center at Banner – University Medical Center in the beautiful city of Tucson. Choose between the Pediatric and Adult tracks, each providing a total of 6.5 contact hours. To find additional information for the conference and to register online, please visit [www.arizota.org](http://www.arizota.org).



## Both Tracks Offer 6.5 Contact Hours

Location: 1515 N. Campbell Ave, Tucson, AZ 85724  
 Central Tucson, east of the I-10 between Grant Rd. and Speedway Blvd.

### 2019 ArizOTA Spring Conference Schedule

	Adult Track	Pediatric Track
7:15 - 8:00 a.m.	<b>Registration and Continental Breakfast</b>	
8:00 - 8:30 a.m.	<b>Welcome and Opening Remarks</b>	
8:30 - 9:30 a.m.	<b>Driving To Independence</b> Jenny Nordine, OTR/L, CDRS	<b>Secondary Transition Planning: What's OT Got To Do With It?</b> Margaret Kardos, Ph.D., OTR/L, ATP
9:30 - 9:45 a.m.	<b>BREAK</b>	<b>BREAK</b>
9:45 - 11:45 a.m.	<b>Driving To Independence (cont.)</b>	<b>Secondary Transition Planning (cont.)</b>
11:45 - 12:45 p.m.	<b>Lunch</b>	
12:45 - 1:15 p.m.	<b>ArizOTA Working for You + Q&amp;A</b>	
1:15 - 2:45 p.m.	<b>Integrating Outcomes into Clinical Practice</b> Pamela Roberts, Ph.D., MSHA, OTR/L, SCFES, FAOTA, CPHQ, FNAP, FACRM	<b>I Didn't Know That! Things You Can Do With an iPad</b> Margaret Kardos, Ph.D., OTR/L, ATP
2:45 - 3:00 p.m.	<b>BREAK</b>	<b>BREAK</b>
3:00 - 4:30 p.m.	<b>Integrating Outcomes into Clinical Practice (cont.)</b>	<b>Things You Can Do With an iPad (cont.)</b>
4:30 - 5:00 p.m.	<b>Wrap-up and Course Evaluations</b>	



Thank you to our sponsor, Summit Healthcare Therapy Services, which serves patients of all ages in and around Show Low, Arizona. In 2018, Summit Healthcare received 5 stars from CMS, an award fewer than 5% of facilities in Arizona earned.

To learn more, please visit Summit Healthcare Therapy Services online at <https://summithealthcare.net/therapy-services>.

### **Driving To Independence**

**Jenny Nordine, OTR/L, CDRS**, began her Occupational Therapy private practice specializing in adaptive driving and equipment recommendations in the fall of 2000. She founded Driving To Independence to address clients' community independence and transportation needs and continues to make this her mission. Jenny has completed her credentials as a Certified Driver Rehabilitation Specialist to ensure the high standards required to maintain this area of specialty. Jenny has presented at multiple conferences on the subject of Adaptive Drivers Assessment and Training, including the Association of Driver Rehabilitation Specialists, the National Mobility Equipment Dealers Association, Arizona Occupational Therapy Association, American Stroke Association, A.T Still University, and Midwestern University. Driving To Independence provides services in Arizona and New Mexico. Jenny sat on the Board of Directors for the Association of Driver Rehabilitation Specialists from 2014-2019 with the position of president in 2015 and 2018.

**Course Description:** Expand your approach of IADLs by exploring the vital roles that occupational therapy practitioners and driving rehabilitation specialists play in clinical practice and public health. We will focus on intervention strategies, resources, referral procedures, and regulations for driver licensing.

### **Integrating Outcomes into Clinical Practice**

**Pamela Roberts, Ph.D., MSHA, OTR/L, SCFES, FAOTA, CPHQ, FNAP, FACRM** is the Executive Director of Academic and Physician Informatics and Professor and Executive Director of Physical Medicine and Rehabilitation at Cedars-Sinai. She is also the Sr. Director of Quality, Outcomes and Research at California Rehabilitation Institute. Dr. Roberts has previously served in various roles involving operations, quality, education, and research. In these roles she has utilized data models to systematically impact patient care throughout the continuum. She is the co-director of the Division of Informatics in the Department of Biomedical Sciences; teaches at the University of Southern California and guest lectures at other local universities; and is involved in the National Quality Forum (NQF). Dr. Roberts has also been involved with the American Congress of Rehabilitation Medicine, AOTA, American Council of Occupational Therapy Education (ACOTE), and the California Hospital Association. Dr. Roberts has served as principal and co-investigator on a variety of research projects and has provided a variety of workshops and consultations on rehabilitation, quality management, informatics, and health services research topics regionally, nationally, and internationally. Further, her published research focuses on utilization of large data to influence treatment models and outcomes.

**Course Description:** Determining which rehabilitation outcome assessments to use is challenging. Some assessments are appropriate for a wide range of diagnostic groups and others are disease-specific. Some assessments are good for making a diagnosis; others are better for capturing change. Knowing which factors are important for selecting the right outcome assessments is important for ensuring data are reliable, valid, fit within clinical workflow, and clinically useful. Outcome measurement is important not only for demonstrating value, but also to increase and advance clinical knowledge. The purpose of this instructional course is to provide rehabilitation providers the rationale and guidelines for choosing outcome assessments to use routinely in a variety of clinical settings.

# Pediatric Track

### **Secondary Transition Planning: What's OT Got To Do With It?**

**Course Description:** Transition planning is required for all students with disabilities by the time they reach the age of 16. Occupational therapy practitioners possess the skills and abilities to contribute to this process from assessment through intervention; however they often are not involved for a variety of reasons. This session will enable OTs/OTAs to better understand and articulate their role in assessment and intervention in secondary transition planning. At the end of this session, participants will: understand the components of a comprehensive transition plan from assessment through intervention; identify the contributions that OT can make to the transition planning process from assessment through intervention; have knowledge of a variety of assessment tools available for OT practitioners to use in determining a student's present level of performance in the transition planning areas; and understand how to interpret and apply assessment outcomes leading to measurable goals in the transition areas of the IEP.

### **I Didn't Know That! Things You Can Do With an iPad**

**Course Description:** The iPad can be an invaluable tool to support individuals with disabilities to access and participate in school, work, play, and leisure. This session will focus on supporting students with a variety of disabilities impacting learning and accessibility in educational activities. At the end of this session, participants will understand how to: use the built-in features of the iPad to support students with a variety of disabilities; use a range of options for switch access with the iPad enabling interaction with web-based resources; and use a variety of new apps and adaptations to support students in reading and writing. **This is a BYOD session! Please bring your iPad updated with the latest version of iOS for optimal learning!**

**Margaret "Muncie" Kardos, Ph.D., OTR/L, ATP**, has been working with students with disabilities for over 25 years. After becoming an occupational therapist, she worked with many students who required assistive technology. In order to best meet those needs, she went back to school and earned an advanced Master's degree in occupational therapy with a concentration in assistive technology. During that time, she became interested in the topic of transition planning, as it seemed to be a direct fit with occupational therapy and conducted research in that area. Following this, she went on to earn a doctorate in special education, focusing on students with disabilities who would require transition programming in order to move on to the adult world. Muncie's research has been published in the American Journal of Occupational Therapy and she has written and contributed to numerous articles on a variety of topics in special education. She has presented at professional conferences locally and across the country. In addition to consulting for public schools, Muncie has taught graduate courses in assistive technology and special education in Connecticut where she lives. She is licensed as an occupational therapist in Connecticut, Massachusetts, and New Mexico and also holds a national certification as an Assistive Technology Professional (ATP).

## Poster Presentations

### **Interdisciplinary Approach to AAC Evaluations: OT's role in assessing those with complex needs**

Christopher Trujillo, Brenda Del Monte, Gina Norris, Melanie Conaster, Carrie Westcott, Kelly Moritz, Tauni Malmgren

This is a post hoc study based on retrospectively analyzed AAC evaluation data that took place over one year in Arizona. AAC evaluations for children with significant disabilities (n=179) were reviewed to understand what diagnoses, challenges, and supports children with complex needs require. Many children and adolescents with disabilities who are referred for an AAC evaluation have additional challenges that are outside the realm of communication, language, and speech production. The results of this project indicate that Occupational Therapy's unique Practice Framework and scope of practice enable them to help children with complex needs access and use an AAC device.

### **The Occupation of Sleep: Promoting health and well-being of hospital shift workers**

Rebecca Salsman

Significant health consequences can result from poor sleep quality and quantity. Shift workers are particularly vulnerable due to frequent disruption of circadian rhythms. Because of the dynamic, reciprocal relationship between sleep and well-being, increasing sleep time for this group often leads to diminished participation in social roles, leisure, and recreation. A review of the literature is presented, included best practice guidelines for supporting sleep and wellbeing for shift workers in the hospital setting. A holistic, multi-level intervention is recommended for sustainable change in this under-served group.

## Registration Information

To register for the ArizOTA Spring Conference, please visit [www.arizota.org](http://www.arizota.org).

### 2019 Spring Conference Rates

**OTR – ArizOTA Member** \$160.00 Early Bird Rate (\$185 starting 3/2/19)

**OTR – Non Member** \$185.00 Early Bird Rate (\$210 starting 3/2/19)

**OTA – ArizOTA Member** \$135.00 Early Bird Rate (\$160 starting 3/2/19)

**OTA – Non Member** \$170.00 Early Bird Rate (\$195 starting 3/2/19)

**Student – ArizOTA Member** \$75.00

**Student - Non Member** \$95.00

**Non-OT Practitioner** \$210.00 Early Bird Rate (\$235 starting 3/2/19)

**Registration** includes the 1-day education program, breakfast, and snacks. Lunch will be at each attendee's discretion. For those not familiar with Tucson, the conference committee will provide a list of nearby lunch options.

**Group Registration:** If you would like to register as a group of 3 or more, a \$20 discount will be applied to the registration fee for each registrant. Please email us at [office@arizota.org](mailto:office@arizota.org) with the contact names and email addresses of each member of your group and we will then send you a coupon code for \$20 to use toward each of your registrations. Practitioners only, please.

**Early Bird registration** deadline is March 1, 2019. Registration must be submitted online by midnight of this date in order to be eligible for the early registration discount.

**Cancellations** must be made in writing and received on or before March 15, 2019. A \$30 processing fee will be deducted from your refund.

### Questions concerning registration?

Contact Emily Smith at 623-937-0920 or email [office@arizota.org](mailto:office@arizota.org).