



2016 ArizOTA Spring Conference

April 30, 2016

Please join the Arizona Occupational Therapy Association for our Spring Conference on Saturday, April 30 at A.T. Still University. This one-day educational event will offer attendees two different tracks to choose from and provide attendees with a total of 7 contact hours. To find additional information for the conference or to register, please visit our website <https://www.arizota.org>

Location: A.T. Still University
5850 E. Still Cir, Mesa AZ 85206



**Both Tracks Offer
7 Contact Hours**

Adult Track

7:15-7:45	Check-In & Exhibitions
7:45- 8:00	Opening Address & Announcements
8:00 - 10:00	ICD-10 for OTs A Playbook for Success Veda Colmer, Esq., OTR/L
10:00- 10:15	MORNING BREAK
10:15 - 12:15	Effects of Equine Therapy on PTSD Symptoms Amelia Lea Wilson, DSc, OTR/L
12:15- 1:30	LUNCH (on your own)
1:15 - 2:00	ArizOTA Annual Business Meeting
2:00 - 2:15	AFTERNOON BREAK
2:15 - 4:15	AT Tools for Reading & Writing Terry Gesell, MLS, COTA/L & Mike Buckley, Microsoft Certified Systems Engineer
4:15 - 4:30	Post Conference Survey

Pediatric Track

7:15-7:45	Check-In & Exhibitions
7:45- 8:00	Opening Address & Announcements
8:00 - 10:00	Effective Proactive & Preventative Behavior Management Strategies Katie Sprouls, PhD, NCSP
10:00- 10:15	MORNING BREAK
10:15 - 11:15	Effective Proactive & Preventative Behavior Management Strategies
11:15-12:15	Yoga as a Pre-Referral Intervention Katie Sprouls, PhD, NCSP
12:15- 1:30	LUNCH (on your own)
1:15 - 2:00	ArizOTA Annual Business Meeting
2:00 - 2:15	AFTERNOON BREAK
2:15 - 4:15	AT Tools for Reading & Writing Terry Gesell, MLS, COTA/L & Mike Buckley, Microsoft Certified Systems Engineer
4:15 - 4:30	Post Conference Survey

Course Descriptions

Adult Track

ICD-10 for OTs- A Playbook for Success

Veda Collmer, Esq., OTR/L currently serves as the In House Counsel and Compliance Officer at WebPT. Veda has nearly 20 years of experience as an occupational therapist.

Course Description: Medicare will soon adopt a pay-for-performance model, reimbursing only for effective healthcare services. Occupational therapy providers must be skilled in documenting their services in order to justify their value under this new payment model. ICD-10-CM is a way to portray the patient's needs. However, the significant expansion of the diagnostic code base can be daunting for the busy provider. This presentation delivers a broad overview of the rules governing the ICD-10-CM system, including when and how to use certain codes to justify occupational therapy treatment plans, as well as maps several time saving strategies for locating the best codes.

Effects of Equine Assisted Therapy on PTSD Symptoms, Quality of Life, and Participation in Combat Veterans

Amelia L. Wilson, DSc, OTR/L is a captain in the United States Army currently serving at Fort Bliss, TX. She has 5 years' experience in the areas of traumatic brain injury, behavioral health, and outpatient orthopedic rehabilitation

Course Description: PTSD symptoms cause significant dysfunction in most domains of occupational functioning, resulting in significant functional problems and decreased quality of life. Equine assisted therapy has been shown to have lasting physical, emotional, and behavioral effects on civilian populations, but has not been studied in military personnel. A randomized, controlled study showed a significant decrease in depression and PTSD symptoms and an increase in life participation and quality of life in combat veterans after participating in an 8 week program. Equine assisted therapy programs are fiscally responsible, effective, and easily accessible options for military PTSD treatment.

Assistive Technology Tools for Reading & Writing

Terry Gesell, MLS, COTA/L is an A.T. Specialist with experience in schools, the Army, and owns a home safety service oriented business in the Metro Phoenix area.

Mike Buckley, Microsoft Certified Systems Engineer is an A.T. Specialist with experience in schools, UCP, and owns a business servicing both private and RSA clients throughout Arizona.

Course Description: This presentation will focus on offering an awareness of various assistive technology tools currently available to assist students and individuals of all ages requiring reading and writing supports. Special attention through demonstrations will be given to PC and Apple devices, as well as a look at what supports are available in a number of applications, such as: MS Office, Google Chrome, and Google Docs. Information will be made accessible to allow for attendees to leave with resources that will equip them to empower others for achieving successful outcomes both in reading and written communication endeavors.

Course Descriptions

Pediatric Track

Effective Proactive & Preventative Behavior Management Strategies

Dr. Katie Sprouls, PhD, NCSP is a nationally certified school psychologist, special education advocate, professional development trainer and yoga instructor. She has over 15 years of experience working with at-risk children. Her area of expertise has focused on the prevention of problem behaviors in classrooms through use of positive strategies. Specifically, Dr. Sprouls has researched effective strategies used within classrooms to reduce problem behaviors. She has taught many undergraduate and graduate courses in colleges of education, school psychologist, behavioral consultant, and PBIS and RTI curriculum development and implementation specialist. She received her Ph.D. in Curriculum and Instruction in Special Education & Emotional Behavioral Disorders from Arizona State University and her Ed.S in school psychology at Eastern Illinois University. Currently, Dr. Sprouls manages her companies Eleutheria Wellness Center and PBIS Arizona, as well as providing trainings on PBIS to schools, districts, and correctional facilities in Arizona.

Jada Bury, Ed.S, NCSP is a nationally certified school psychologist and professional development trainer. Mrs. Bury's areas of expertise has focused on behavior management strategies for educators and therapists and applied behavior analysis. She has trained many schools and districts across Arizona on effective strategies working with students with challenging behaviors and special needs. Mrs. Bury has two master's degree in applied behavior analysis and school psychology. Currently, Mrs. Bury is an active school psychologist, behavior expert, and provides trainings on PBIS to schools, districts, and correctional facilities in Arizona.

Course Description: This session will educate the participants on valuable strategies for teachers and therapists when working children and adults with challenging behaviors. Participants will learn easy to employ techniques to prevent and reduce problem behavior based on Positive Page 5 of 4 Behavior Intervention and Supports. The presentation will focus on using a proactive and functional approach to behavior and classroom management.

Yoga as a Pre-Referral Intervention

Dr. Katie Sprouls, PhD, NCSP is a school psychologist, yoga instructor and co-director of the Eleutheria Yoga Teacher Training Program specializing in children with disabilities.

Course Description: This session will explore using yoga strategies as a therapeutic practice for children. Participants will learn the benefits of using yoga as a complimentary therapeutic technique and vital components to increase effectiveness of therapy sessions. The presentation will be interactive and participants will have the opportunity to engage in the therapeutic strategies and curriculum.

Assistive Technology Tools for Reading & Writing

Terry Gesell, MLS, COTA/L is an A.T. Specialist with experience in schools, the Army, and own home safety service oriented business in the Metro Phoenix area.

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REGISTRATION FORM

YES, I am attending the conference.

Check one:

Postmarked:	Before 4/1/16	After 4/2/16
<input type="checkbox"/> OTR – ArizOTA Member	\$125	\$150
<input type="checkbox"/> OTR – Non Member	\$160	\$185
<input type="checkbox"/> OTA – ArizOTA Member	\$100	\$125
<input type="checkbox"/> OTA – Non Member	\$135	\$160
<input type="checkbox"/> OTR Group Rate	\$110	\$135
<input type="checkbox"/> OTA Group Rate	\$85	\$110
<input type="checkbox"/> STUDENT – ArizOTA Member	\$40	\$40
<input type="checkbox"/> STUDENT – Non ArizOTA Member	\$60	\$60

- **Registration** includes the education program only and snacks, lunch will not be served.
- **Group registration:** 3 or more occupational therapy practitioners from one facility must register at the same time in order to receive this rate.
- **Early registration deadline is April 1, 2016.** Registration must be postmarked by this date in order to be eligible for early registration fee.
- **Cancellations** must be made in writing and received on or before April 15 2016. A \$30 processing fee will be deducted from your refund.

Name/Credentials (e.g. MS, OTR/L; COTA/L) _____ Email _____

Address _____ City _____ State _____ Zip _____

Daytime Phone _____ Employer/School _____

Please Indicate any Special Needs _____

TOTAL \$ _____

PAYMENT TYPE

Charge: MasterCard VISA OR... **Check Enclosed**

Make check payable to: ArizOTA

Return this form & payment to:

ArizOTA
P.O. Box 5214
Peoria, AZ 85385

Credit Card Info: Card Number: _____ Expiration Date: _____

Name as it appears on card: _____

Billing Address: _____ City: _____ State: _____

Zip: _____

(Questions concerning registration? Contact Stacey at 623-937-0920 or office@arizota.org)

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