

**ArizOTA**  
**Occupational Therapy**

P.O. Box 5214  
Peoria, Arizona 85385

PRSR STD  
U.S. POSTAGE  
PAID  
PHOENIX, AZ  
PERMIT NO. 4608

**The ArizOTA 2010 Spring Workshop      5 contact hours!**  
***Saturday, April 24, 2010***

**ArizOTA**  
**The Arizona Occupational Therapy Association**  
**The 2010 Spring Workshop**  
**Saturday, April 24, 2010**

**Addressing Student Learning  
through Interactive Activities:  
A “Make-It-Take-It” Event**

**Bruce Bryte, COTA/L and  
Kathy Bryte, M.Ed., OTR/L**

**Introduction to Upper Extremity  
Kinesio Taping**

**Melissa Clark, OTR/L, CHT**

**Phoenix Children’s Hospital- Phoenix, Arizona**

**Topic:** Addressing Student Learning through Interactive Activities: A "Make-It-Take-It" Event

**Speakers:** Bruce Bryte, COTA/L, Kathy Bryte, M. Ed., OTR/L

**Program Description:** During this 2.5 hour dynamic hands-on workshop participants will create "make-it-take-it" activities which can be used immediately during therapy sessions. The activities will include Tracking Tubes, Touch Spell Boards, File Folder Activity/Shoe Box Task, and a bonus Private Eyes activity. These enjoyable treatment tools address student learning through creative and fun interactive activities.

**\*Please bring a pair of scissors, black Sharpie marker, and a glue stick. All other supplies will be covered in the cost of registration fees.**

**About the Speakers:** Bruce and his wife, Kathy Bryte, M. Ed., OTR/L, offer educational occupational therapy services to charter schools and rural schools in southern Arizona, through their company, OT 4 Kids, LLC. They utilize a "global approach" in their delivery of services, offering teachers and parents in their schools educational seminars on a variety of topics. They work with whole classes of students, on behalf of students with learning challenges. Bruce has been creating interactive learning activities for students who have poor visual attention for classroom activities. They have worked together for 16 years in urban and rural school districts, supporting development of OT/COTA teams to address the shortage of OT services in schools.

8:30-9:00 a.m.	<b>Morning Check-In</b>
9:00-11:30 a.m.	<b>AM Session - "Make-It-Take-It"</b>
11:30-12:15p.m.	<b>Lunch Break- on your own</b>
12:15-12:30 p.m.	<b>Afternoon Check-In</b>
12:30 -3:00 p.m.	<b>PM Session - Kinesio Taping</b>

**DUE TO MATERIALS NEEDED FOR WORKSHOP  
NO REGISTRATIONS WILL BE ACCEPTED AT DOOR**

Phoenix Children's Hospital located West of Hwy 51, South of Thomas Rd. Parking Garage: Turn S. on 20<sup>th</sup> St. Go to Cambridge turn right to parking entrance. Rosenberg Building (Bldg. E) is the building directly east of the parking garage. For a map/directions go to [www.phoenixchildrens.com](http://www.phoenixchildrens.com)

**Topic:** Introduction to Upper Extremity Kinesio Taping

**Speaker:** Melissa Clark, OTR/L, CHT

**Program Description:** This 2.5 hour course will provide information to introduce the use of the Kinesio Taping method. Participants will learn the basic concepts and applications that apply to muscle facilitation/inhibition, joint stability, and pain/edema reduction of the upper extremity. A hands-on lab will follow the lecture material. Several taping techniques will be discussed and the participants will apply general muscle taping techniques used to treat common upper extremity diagnoses. **\*For the Kinesio Taping workshop, please wear clothes appropriate for lab i.e. sports bra, tank top or swim suit top. Registration for this course includes a Kinesio Tape roll for each participant. Please bring scissors to cut tape.**

**About the Speaker:** Melissa Clark OTR/L, CHT graduated from Indiana University in 1989 and became a Certified Hand Therapist in 1994. Her clinical experiences cover a broad spectrum including outpatient hand clinics, acute and outpatient burns and acute trauma. Melissa worked for Smith and Nephew Rolyan as an educational consultant and then as the National Education Manager and assisted in the development of splinting and hand therapy workshops. Melissa started a continuing education business in 1999 and continues to lecture nationally on splinting, kinesio taping and other hand related topics. She has presented at OT state conferences in Arizona and New Mexico, and has served on the ArizOTA board as Marketing Chair, Conference Chair and Vice President. She received the ArizOTA "Outstanding OTR of the Year" award in 2002. Melissa is currently teaching at A.T. Still University.

**Phoenix Children's Hospital**

Rosenburg's Children Med. Plaza Bld. E  
Mel Cohen Conference Room  
1919 E. Thomas Road  
Phoenix, AZ 85016

**REGISTRATION**

YES, I am attending Check one:	*1 Session		Both Sessions	
	Before 3/27/10	Before 4/10/10	Before 3/27/10	Before 4/10/10
<input type="checkbox"/> OTR/Associate- ArizOTA Member	\$45	\$60	\$85	\$100
<input type="checkbox"/> OTR /Associate- Non Member	\$55	\$70	\$105	\$120
<input type="checkbox"/> OTA - ArizOTA Member	\$35	\$50	\$65	\$80
<input type="checkbox"/> OTA - Non Member	\$45	\$60	\$85	\$100
<input type="checkbox"/> STUDENT/ RETIRED	\$25	\$40	\$45	\$60
<input type="checkbox"/> Public/Parent/Other	\$40	\$55	\$75	\$90

**\*If attending only one session circle AM or PM:**  
**AM only (make-it-take-it) or PM only (Kinesio taping)**

**REGISTRATION** includes the workshop only. Lunch on your own.

- **Early Registration deadline is March 27, 2010. Registration is accepted up to April 10, 2010.** No registration accepted after April 10<sup>th</sup> due to material/supplies needed for workshop. Registration receipts will be issued at the time of check-in.
- **Cancellations:** Cancellations must be made in writing and received on or before April 10, 2010. A \$20 processing fee will be deducted from your refund. Sorry, no refunds will be made after April 10, 2010.
- For a list of area hotels Google "hotels near Phoenix Children's Hospital"

Name/Title \_\_\_\_\_ Employer/School \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Email \_\_\_\_\_

Please Indicate any Special Needs \_\_\_\_\_

**PAYMENT** (Questions concerning registration? Call ArizOTA @ 623-937-0920)

Please make check payable to: ArizOTA Occupational Therapy Association

Charge:  MasterCard  VISA **OR...**  Check Enclosed

**Return this form & payment to:**  
ArizOTA Occupational Therapy  
P.O. Box 5214  
Peoria, Arizona 85385

**Credit Card Info:** Card Number \_\_\_\_\_ Expiration Date \_\_\_\_\_

Name as it appears on the card \_\_\_\_\_

Billing Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_