

## Diana A. Henry and Her Sensory “Tools”

Diana A. Henry, MS, OTR/L, FAOTA is SIPT certified. She is one of the authors of the *Sensory Processing Measure* (SPM), has written *Tools for Pets™*, *Tool Chest™*, *Tools for Parents™*, *Tools for Teens™*, *Tools for Tots™* and created two videos/DVDs *Tools for Teachers™* and *Tools for Students™*.

- 2008 - Roster of Fellows and the Recognition of Achievement Award from the American Occupational Therapy Association
- 2008 - Received “Bridging the Gap between Research and Practice” clinician’s award at R2K
- 2005 - 2008 American Occupational Therapy Association Sensory Integration SIS Communications Liaison
- 2003 - Honorary Member of the Sensory Integration Network UK and Ireland
- 2001 - Presented with the award for Outstanding Therapeutic Contribution by the Developmental Delay Resources
- 2000 - Nominated to be on the Advisory Board of the Non-Verbal Learning Disability Association (NVLD)
- 1997 - Presented with Arizona Occupational Therapy Association Outstanding Occupational Therapist Award.

Diana’s “Tools” bring genuine results, leading to success and feelings of accomplishment for students. In order to successfully serve all students in an inclusive classroom, individuals must work together to create a trans-disciplinary team. Knowing how to use these techniques will enhance many classrooms serving a diverse population of students.

### INTENDED AUDIENCES:

School Administrators, Principals, Regular and Special Education Teachers, School Nurses, Psychologists, Social Workers, Occupational Therapists, Physical Therapists, Speech Pathologists, Music Therapists, Paraprofessionals, College students, and Parents. All are encouraged to come as a team!

Diana Henry  
presents her



*Tools for Tots*  
*Sensory Strategies*  
*for*  
*Toddlers and*  
*Preschoolers™*

December 6, 2008

*The Sensory Processing Measure (SPM)*



December 7, 2008

Phoenix Children’s Hospital  
Cohen Rosenberg Building  
Mel Cohen Conference Room  
1919 E. Thomas Road  
Phoenix, AZ 85016

Sponsored by the  
Arizona Occupational  
Therapy Association (ArizOTA)

13.0 Contact Hours

Saturday, December 6, 2008

Day 1: *Tools for Tots*

| DAY 1            | Tools For Tots  |
|------------------|---|
| 8:30 - 9:00 am   | Registration  |
| 9:00 - 10:30 am  | Sensory processing recent research  |
| 10:30 - 10:45 am | Break   |
| 10:45 - 12:15 pm | Categories and subtypes of sensory processing disorder, impact on behavior, sensory motor performance and participation |
| 12:15-1:15 pm    | Lunch (on your own)   |
| 1:15-2:45 pm     | Promoting engagement using specific sensory safe play strategies  |
| 2:45 - 3:00 pm   | Break   |
| 3:00 - 5:00 pm   | User friendly sensory strategies (with audience participation) for homes, daycares, schools and clinics                 |

This workshop is designed to offer practical sensory strategies which improve the ability of toddlers and young children to play and function in their various daily environments. A variety of sensory activities & environmental strategies will be highlighted using hands-on-participation & videos of typical tots and those challenges, including engagement. Each participant will receive a *Tools for Tots: Sensory Strategies for Toddlers and Preschoolers™* book which will be used throughout the workshop.

**Topics will include:**

- Everyday issues related to waking up, picky eating, getting dressed, teeth brushing, potty time, hair washing, fingernail cutting, bath time, bedtime, and more.
- Strategies to help Touchy Tots, Sensitive Ears, Busy Bees, Fumbling Tots, Tippy Toe Tots, Cautious Tots, and Spirited Tots.

**Objectives:**

Participants will:

- Explore the question “Is it behavior or is there a sensory challenge driving the behavior?” by learning about their own sensory preferences.
- Learn how to integrate practical sensory strategies at home, the community and at school by using the *Tools For Tots™* book.
- Discover how sensations, sensory integration and sensory processing impact behavior by addressing the challenges seen with daily activities and skills specific to tots.
- Implement or design sensory safe spaces for tots in their homes and communities.

Sunday, December 7, 2008

Day 2: *The Sensory Processing Measure (SPM)*

| DAY 2            | SPM                              |
|------------------|----------------------------------|
| 9:00 - 10:30 am  | What is the SPM?                 |
| 10:30 - 10:45 am | Break                            |
| 10:45 - 12:15 pm | How to score the SPM             |
| 12:15 - 1:15 pm  | Lunch (on your own)              |
| 1:15 - 2:45 pm   | Research used to develop the SPM |
| 2:45 - 3:00 pm   | Break                            |
| 3:00 - 5:00 pm   | Case Studies using the SPM       |

**Topics will include:**

**Kindergarten through Grade 6**

- A review of research behind the development of this norm referenced standardized assessment tool.
- Principles of use to support the identification & treatment of SI/sensory processing difficulties, including praxis.
- Administration and scoring.
- Answering the question: “Are sensory issues driving the behavior?”
- Use in multiple environments, encouraging collaboration among parents, schools and clinics.
- Case studies including ADHD and Autism in the home, main classroom, art, music, PE, cafeteria, playground, recess and bus.

**Objectives:**

Participants will:

- Review the research conducted in developing the *Sensory Processing Measure (SPM)*
- Be exposed to case studies (ADHD and Autism) using the SPM
- Learn how to use the SPM to promote collaboration between school, home and clinics.

**CREDITS:**

A Certificate of Attendance will be given to all participants for 6.5 contact hours each day.

**NOTE:**

Bring a yoga mat and a therapy ball if you can. Dress casually for movement activities and bring a sweater, as temperature is difficult to control.

**REFUND POLICY:**

Cancellations received in writing by **November 14, 2008** will be refunded minus a \$30.00 processing fee. No refunds will be given on cancellations made fewer than 48 hours before the course.

**Registration Form**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Daytime Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Profession: \_\_\_\_\_

**Registration Details:**

|                              |        |       |
|------------------------------|--------|-------|
| ArizOTA Members              | 2-days | 1-day |
| OT                           | \$295  | \$150 |
| OTA                          | \$270  | \$125 |
|                              | 2-days | 1-day |
| Therapists: OT, PT, SLP      | \$330  | \$185 |
| Psychologists, Psychiatrists | \$330  | \$185 |
| OTA, PTA, SLPA               | \$305  | \$160 |
| Students: OT, PT, ST         | \$305  | \$160 |
| Social Workers               | \$200  | \$100 |
| Teachers, Educators          | \$200  | \$100 |
| Nurses, Daycare workers      | \$200  | \$100 |
| Parents, Caregivers          | \$200  | \$100 |

If registering for Tool for Tots, includes a copy of the *Tools For Tots™* book. If registering for SPM, includes 3 SPM scoring forms.

Attending:  Both Days  
 Saturday 12/6/08  Sunday 12/7/08

Amount Paid: \$ \_\_\_\_\_

**PAYMENT**

**Return this form & payment to:**

ArizOTA Occupational Therapy Association  
P.O. Box 5214  
Peoria, AZ 85385

**Please make check payable to:**

ArizOTA Occupational Therapy Association

Credit Card Payment: MC \_\_\_\_\_ Visa \_\_\_\_\_

# \_\_\_\_\_

Exp. Date \_\_\_\_\_

Questions? Call ArizOTA @ 623-937-0920